



MENOPAUSE FRIENDLY WORKPLACES: THE BUSINESS CASE

How to become
Menopause Friendly →

Menopause at work: the facts

1 in 4 consider leaving work due to symptoms, 1 in 10 actually do.	18% of the average UK workforce is menopausal: the fastest growing demographic	46% don't disclose symptoms fearing negative perception.	70% experience menopause-related workplace stress.
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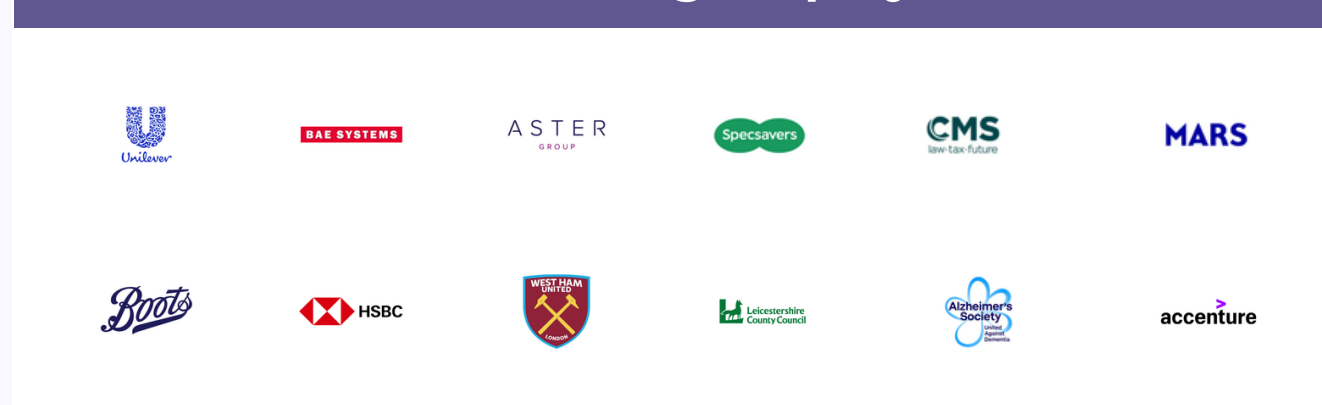
The benefits of being menopause friendly

ATTRACT + RETAIN TALENT Attract and retain experienced female talent, often at the peak of their career.	INCREASE PRODUCTIVITY Small accommodations can improve symptoms that impact productivity.	STAY AHEAD OF THE LAW Menopause action plans are mandatory for organisations with 250+ employees from April 2027
REDUCE ABSENTEEISM Support helps reduce time off caused by fatigue, stress and poor concentration.	CLOSE GENDER PAY GAP Menopause impacts promotions, hours and progression. Supporting it drives gender equity.	THE RIGHT THING TO DO Giving people the confidence to ask for support makes a huge difference to their lives.

Menopause Friendly Membership - what's inside

LIVE EVENTS to regular webinars on key topics, special masterclasses and our annual awards	BEST PRACTICE LIBRARY Case studies, policies and guidance documents
ON DEMAND LEARNING access to huge collection of webinar and masterclass recordings	ACTION PLANS COVERED full support and guidance to publish your action plans in line with government legislation
EXCLUSIVE DISCOUNTS on our CPD-accredited menopause workplace training and support	CAMPAIGN PACKS to share commitment, and celebrate events like World Menopause Day, International Women's Day and more

Join hundreds of leading employers...



1. COMMIT
Join as a Menopause Friendly Member and show you're serious. You'll get tools to share your commitment widely.

2. TAKE ACTION
Your membership is packed full of resources from webinars to toolkits to make real, lasting change.

3. CELEBRATE
When successful, you'll be recognised as an accredited Menopause Friendly employer — a true mark of excellence.

4. KEEP GOING
Accreditation lasts 3 years, with ongoing support to retain your accredited status and keep the momentum strong.

Start your journey today →

