



MENOPAUSE ELEARNING

# MENOPAUSE IN MINUTES VIDEO

**6 MINUTE VIDEO | UNLIMITED USAGE WITHIN YOUR ORGANISATION**

Incredibly popular and can be uploaded onto your intranet for future use as part of ongoing training.

## THE VIDEO INCLUDES

- What menopause is
- When it might occur
- The stages and possible symptoms
- The approaches people may take to manage menopause
- Encourages conversations, enabling everyone to talk about menopause

## BRANDING OPTIONS

- Henpicked off-the-shelf branding
- Your organisation logo and branding

## VOICE OPTIONS

- Mixed voices
- Female only voice
- Male only voice

This video includes subtitles. You can download as many size and format versions as you like.

Our Menopause in Minutes videos have received rave reviews, one organisation confirmed it was the most popular post on their intranet for the year.