



Menstruation Friendly

TRAINING - MEMBERSHIP - ACCREDITATION

E - L E A R N I N G



Menstruation Friendly

eLearning Modules (LMS)

We offer different packages of our Menstruation eLearning with a licence for unlimited usage within your organisation and supplied as SCORM 1.2 standard and tested on an external Moodle Learning Management System.

E-LEARNING PACKAGE

30 min pack

Organisation
vision and
signposting
slides

Customer
logo and
colorway

Two rounds
of bespoke
amends

eLearning - Henpicked OTS



eLearning - Henpicked branded



eLearning - Customer colours
and logo



eLearning - Customer branded



E-LEARNING PACKAGE

Pricing

eLearning - Henpicked OTS

£5995

eLearning - Henpicked branded

£6295

eLearning - Customer colours and logo

£7495

eLearning - Customer branded

£8295

Fully bespoke eLearning - we work in partnership with organisations to create fully bespoke versions of our eLearning - get in touch to discuss your needs)



ELEARNING: MANAGER AND COLLEAGUE MODULES

LINE MANAGER MODULE:

A 20-30-minute interactive course covering what line managers need to know.

Key elements include:

- why talk about menstruation and menstrual health at work
- understanding key facts about menstruation and menstrual health conditions and how these may be affecting people at work
- what reasonable adjustments look like
- how to have supportive conversation at work PERIOD - our model for how to best support people at work

Includes summaries throughout and a test at the end.

Module 1 - Why we need to talk about menstruation and menstrual health at work

Module 2 - Menstruation and menstrual health: The facts

Module 3 - How can line managers help

COLLEAGUE MODULE:

A 20-30-minute interactive course covering what everyone needs to know.

Key elements include:

- why we all need to talk about menstruation and menstrual health at work
- understanding key facts about menstruation and menstrual health conditions and how these could be affecting you or your colleagues
- how to get help and support
- managing your symptoms and getting the right help and support

Includes summaries throughout and a quiz at the end.

Module 1 - What menopause is and how the symptoms could affect someone at work

Module 2 - Menstruation and menstrual health: The facts

Module 3 - Getting the right support

