

BROUGHT TO YOU BY HENPICKED:



# WHAT DOES A MENSTRUATION FRIENDLY WORKPLACE MEAN TO YOU?

Share your thoughts to enter our  
prize draw to win a...

## Selfridges 2025 Beauty Advent Calendar

**Entries close 26 November.**

We'll use your answers  
(anonymously!) to help shape future  
workplace support.



## SCAN THE QR CODE TO ENTER

The QR code will take you straight to the competition  
page where you'll find the questionnaire and  
competition details.

**QR not working?** Enter at  
[menstruationfriendly.co.uk/what-does-a-menstruation-friendly-workplace-look-like/](https://menstruationfriendly.co.uk/what-does-a-menstruation-friendly-workplace-look-like/)